



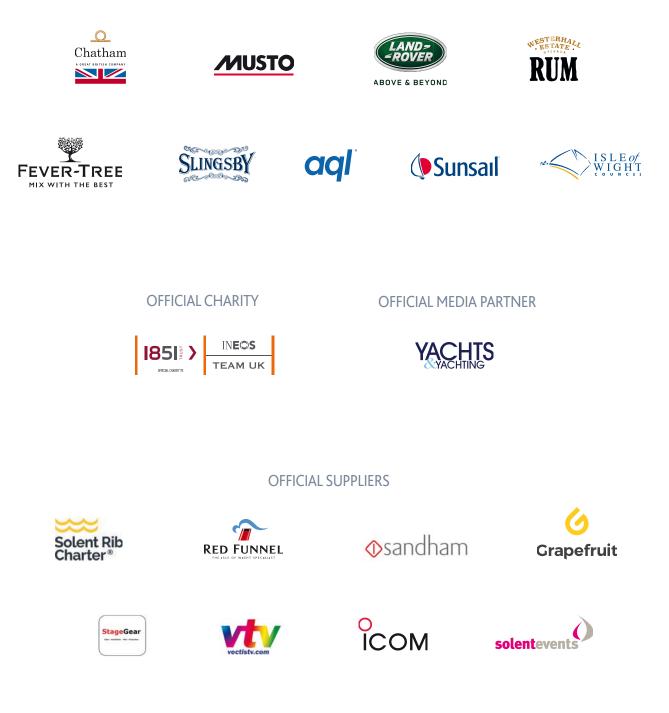
THE SAILING INSTRUCTIONS

COWES WEEK 2019

10 - 17 AUGUST 2019

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**COWES WEEK 2019 SAILING INSTRUCTIONS** Design: NGR Photography: Paul Wyeth

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# ABBREVIATIONS AND DEFINITIONS

CWL : Cowes Week Limited.

Regatta : Cowes Week 2019

**Regatta Centre** : Regatta House, 18 Bath Road, Cowes, Isle of Wight, PO31 7QN.

 ${\sf RRS}$  : World Sailing Racing Rules of Sailing. Note that these Sailing Instructions contain many references to the RRS and competitors are advised to have a copy to hand.

SI's : Sailing Instructions. This booklet including all appendices.

RYS : Royal Yacht Squadron.

ONB : Official notice board situated at the Regatta Centre.

Official Website : www.cowesweek.co.uk

**App** : The official Cowes Week App, available for download by any competitor from the Apple App Store or Google Play.

Official Programme : the official programme produced by CWL.

**EventTV** : the Regatta TV station broadcast on big screens around Cowes and online.

**References** : All references in these Sailing Instructions to a paragraph or page number refer to this Sailing Instructions booklet unless specified otherwise.

Mark ID / Line ID : This is a 2 character ID which identifies a racing mark or finish line. A complete list is shown in Table 5 on pages 10 -11

**Black Group** consists of the following classes: IRC 0-7, Cruiser (Div A, B, C and D), Contessa 32, J/109, HP30, Quarter Ton, Sigma 33, Sunsail Match First 40, Double Handed and GRP Classics.

White Group consists of the following classes: Daring, Dragon, Etchells, Flying Fifteen, J/70, J/80, Seaview Mermaid, Multihulls, Redwing, RS Elite, SB20, Sonar, Sportsboat, Squib, Solent Sunbeam, Victory and XOD.

Triple Crown series consists of IRC Super Zero.

# EMERGENCY PROCEDURES

In the event of an incident that involves personal injury or severe illness, or where the boat is in danger and needs assistance, crews should contact Solent Coastguard on VHF Channel 16 (or by telephone via 999). The Coastguard will then initiate the appropriate action.

# **Emergency Landing**

Vessels should land casualties at Trinity Landing off the Parade, unless otherwise directed. This location provides the shortest route to the casualty unit at St Mary's Hospital, Newport, and allows easy access for vehicles.

Do not land casualties at Trinity Landing off the Parade on Friday 16 August from about 1800 onwards. The Parade gets too busy for ambulance access, so casualties should be landed on the Red Funnel pontoon at Town Quay instead.

### **First Aid Facilities**

First Aid Facilities are located at the Regatta Centre, Cowes Yacht Haven, and Cowes Medical Centre on Newport Road. On the Isle of Wight, in addition to the normal national 999 telephone number, there is a free number for urgent but non-emergency calls to the NHS, this being 111. This number gets you through to the same call-centre as does a 999 call, but initiates a more detailed Q&A to determine the level and type of support that is required.

# USEFUL PHONE NUMBERS.

Regatta Centre:	01983 295744
Protest Office	
Safety Officer	01983 244848
Text Declarations	

# **SAILING INSTRUCTIONS 2019**

# **1 RULES & SAFETY REGULATIONS**

- 1.1 Sentences in italics within these Sailing Instructions are guidance notes for information only.
- 1.2 The Regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.3 The Prescriptions of the Royal Yachting Association (RYA) will apply as set out on page 5.
- 1.4 Appendices within these Sailing Instructions rank as Sailing Instructions.
- 1.5 Safety equipment regulations will apply as described in the Notice of Regatta (NoR) paragraph 2.3, and detailed in the Safety Booklet.
- 1.6 Changes to Class Rules will apply as set out in the NoR and Appendix G.
- 1.7 Notices to competitors will be displayed on the Official Notice Board at the Regatta Centre and on the Official Cowes Week website.

# 1.8 Use of engine or other means of propulsion in accordance with RRS 42.3 (h) - (i)

- a. In order to avoid the risk of collision with commercial shipping that is under way, a boat may use her engine, or any other means of propulsion, without retiring.
- b. Such use shall be reported to the Protest Committee at the Regatta Centre, who shall decide what, if any, penalty to award.
- c. Boats should have an alternative means of propulsion ready for immediate use if there is any possibility of a close quarters situation developing between them and a commercial vessel.
- 1.9 Amendments to Sailing Instructions (SIs)
  - a. Amendments will be posted on the Official Website and on the ONB no later than 0830 each day, except that any change to the schedule of racing other than the start line (see SI 6.1) will be posted by 2000 on the day before it will take effect.
  - b. The latest amendment number will be indicated by a signal displayed at the flagstaff at the Royal London Yacht Club on Cowes Parade. The signal will consist of code flag 'L' over a numeral pennant indicating the latest numbered amendment issued.

# 2 COMMUNICATIONS - VHF, TEXT MESSAGE & APP

- 2.1 For radio channels see Table 1: VHF Communications on page 8.
- 2.2 For use of text messaging (SMS) and how to register mobile phones, See Appendix A1 on page 6.
- 2.3 For use of the App and how to register, see Appendix A2 on page 6. Information broadcast on Cowes Radio is for information and is not an official communication.

# 3 COURSES

3.1 Courses will use marks listed in Table 5 on pages 10-11. Announcements by VHF, text messages and App will include the twocharacter IDs shown in this table. See also Appendix A on page 6.

- 3.2 All marks except gates are to be rounded unless specifically identified as passing marks when the words 'pass to port/starboard' (meaning that the mark should be passed on the port/starbord side of the boat) will be used, the text message and the App will use PP/PS instead of RP/RS.
- 3.3 Defined windward leeward courses may be used for classes starting on the Black and White group committee boats. These are shown in Diagram 1 on page 9.
- 3.4 The course for the next class to start will be announced on VHF radio. Courses will also be sent by text message and displayed in the App.

# 4 NAVIGATION RESTRICTIONS & LOCAL BYELAWS

- 4.1 Restrictions in operation during Cowes Week between Saturday 10 August and Saturday 17 August are detailed in Appendix B on page 6.
- 4.2 Additional restrictions will apply on Saturday 10 August and Sunday 11 August between 1400 and 1700. See Appendix C on page 6.

# 5 GENERAL POSTPONEMENT

This amends RRS 27.3 and Race Signals.

- 5.1 The display of flags AP over AP accompanied by 2 sound signals means that the next Warning Signal will be not less than 55 minutes after the signal is removed (with one sound signal) and replaced by a single AP flag.
- 5.2 When displayed at the RYS, the signal AP over AP shall apply only to boats scheduled to start at the RYS start line. When displayed by a Committee Boat, signal AP over AP shall apply only to boats scheduled to start at the start line controlled by that Committee Boat.

# 5.3 Signals made ashore.

Committee boat signals may be repeated ashore. The details of the location of the repeat signals are shown in Table 4 on page 9.

# 6 THE START - GENERAL

- 6.1 Starting times and allocation of start lines
  - a. The schedule of start times and allocation of start lines is shown in Tables 6 and 7 on pages 16 & 17.
  - b. Where the schedule shows a choice between the RYS Start Lines and the Bramble Line (indicated by R/B in the column heading), the decision as to which group of classes will use each line will be made at least one hour before the first start of the day. This information will be promulgated by VHF, text message and within the App.
  - c. For safety or other reasons, the Race Committee may change the start line for one or more classes. Any such change will be made at least one hour before the start of those classes affected. This information will be promulgated by VHF, text message and within the App.

# 6.2 Change from a 10 minute to a 5 minute starting schedule

If code flags M over 3rd Substitute are displayed at a start line, accompanied by four sound signals, all subsequent starts on that line will start in the same order as scheduled, but the class flag for the next start will be displayed at the same time as the start of the previous class.

### 6.3 SB20 and J/70 classes

On Saturday 10, Sunday 11, and Monday 12 August, up to three races for the SB20 and J/70 classes are scheduled, and on Tuesday 13 August up to three races for the J/70 class and two races for the SB20 class are scheduled. On each of these days the second and third races (as applicable) will start from the White Group Committee Boat line as soon as possible after the end of the previous race.

#### 6.4 HP30 class

On Wednesday 14 and Thursday 15 August, up to three races are scheduled for the HP30 class. On these days, races will start from the Black Group Committee Boat Line. The second and third races (as applicable) will start as soon as possible after the end of the previous race.

#### 6.5 Keeping clear at the start

Boats whose warning signal has not been made shall keep clear of boats whose preparatory signal has been made and, so far as possible, of all start lines.

#### 6.6 Start line penalties

- If flag X-ray has been displayed at the start, it will be displayed for four minutes. This changes RRS 29.1.
- b. The Race Committee may maintain a video record of the start sequence. This is for the sole and exclusive use of the Race Committee so that they can verify, in a timely manner, the boats that are to be scored OCS, penalised as the result of a Z-flag penalty or disqualifed as the result of a U-flag, or black-flag penalty.
- c. Boats that have been scored OCS or penalised may request the video evidence from the Race Committee to be reviewed by submitting a competitor query form at the Regatta Centre Information Office. They will not normally be allowed to view the video themselves but the video will be reviewed by members of the Protest Committee who may confirm or change the OCS or penalty.

# 7 START LINE DEFINITIONS

### 7.1 Start Lines

There are eight possible start lines:

- a. RYS Line 1, which is an extension of the line formed by bringing the RYS main flagstaff (80) into line with the white line on the orange diamond on the roof of the RYS. The inner distance mark will be a blue inflatable pillar buoy, and the outer distance mark will be Alpha (8A). Vertical Light Beams SI 8.1 and Direction of the Start SI 8.2 will apply.
- b. **RYS Line 2**, which is between the RYS flagstaff (80) and Beta (8B). The inner distance mark will be a blue inflatable pillar buoy. Direction of the Start SI 8.2 will apply but the lights and transit described in SI 8.1 will not apply to classes starting on this line.
- c. RYS Outer Start Line, which is an extension of the line formed by bringing the RYS main flagstaff (80) into line with the white line on the orange diamond on the roof of the RYS. The outer distance mark will be Williams Shipping (3W). The inner distance mark will be Alpha (8A). Vertical Light Beams SI 8.1 and Direction of the Start SI 8.2 will apply.
- d. **Bramble Start Line**, which is between a staff displaying an orange flag on a main committee boat that is anchored in the vicinity of the race mark RORC (30), and a staff displaying an orange flag on a second nearby committee boat. Direction of the Start SI 8.2 will apply.

- e. White Group Committee Boat Start Line, which is between staffs, each displaying an orange flag, on committee boats at each end of the line, the location of which will be will be announced on VHF, text message and within the App.
- f. Black Group Committee Boat Start Line, which is between staffs, each displaying an orange flag, on committee boats at each end of the line, the location of which will be will be announced on VHF, text message and within the App.
- g. Western Start Line, which is between staffs, each displaying an orange flag, on committee boats at each end of the line, the location of which will be will be announced on VHF, text message and within the App.
- h. Castle Point Start Line, which is between staffs, each displaying an orange flag, on committee boats at each end of the line, the location of which (normally in the vicinity of the race mark Royal London (4K)) will be announced on VHF, text message and within the App.

# 7.2 Committee Boat Start Lines

On all committee boat start lines (SI 7.1 d to h):

- a. Before starting and if possible before the Warning Signal, all boats shall pass close to the stern of the main committee boat and await acknowledgement that they have been identified.
- b. An inflatable mark may be laid near any of the start line committee boats and shall rank as a starting mark. After the one-minute signal for each race and before starting and clearing the line, boats shall not cross the line between this inflatable mark (if laid) and the staff with orange flag on the nearby committee boat. Boats infringing this rule will be scored DNS unless they exonerate themselves by rounding the nearby committee boat before starting.
- c. Either committee boat may be replaced by a large orange inflatable buoy. If so, this will be announced on the appropriate VHF channel.
- d. If a change to the location of the start line is required, the new location will be announced at frequent intervals on the appropriate VHF channel, giving the ID of the nearby mark and the marshalling position and the class(es) to which the change applies

# 8 START LINE AIDS

# 8.1 Vertical Light Beams

- a. Vertical light beams are installed at the RYS to help identify the start line transit for RYS Start Line 1 and RYS Outer Start Line.
- b. The intensity of the light beam increases as the transit is approached, and at the approximate point of the transit, the flagstaff obscures the lower rear light.
- c. Once the flagstaff obscures the lower rear light, the boat may be over the line and may be scored OCS.
- d. These lights are a navigational aid only and do not constitute the start line, nor will a start be postponed because of any failure of the equipment.

### 8.2 Direction Of The Start

- a. A signal displayed on a flagstaff prior to the first warning signal of the day will indicate the start direction, with a green flag for a start to the west and a red flag for a start to the east. After a postponement, this signal may be changed to reverse the direction of subsequent starts.
- b. This signal will be displayed at the north-east corner of the RYS Haven for all RYS Lines.
- c. This signal will be displayed on the main committee boat for starts on the Bramble Line.

# 9 SHORTENING

- 9.1 Courses may be shortened at any rounding mark in accordance with RRS 32.2(a). The committee boat may hold position using her engines.
- 9.2 If not all classes rounding the mark are being shortened at the mark, class flags will be displayed to show which classes are being finished.

# **10 ABANDONMENT**

If code flags 'N over A' with one or more class flags are displayed on the appropriate start line (with 3 sound signals), then only those classes will be abandoned. This changes RRS Race Signals.

# 11 TIME LIMIT

This changes RRS35 and A5.

- 11.1 Except as indicated in SI 11.2, the time limit will be:
  - a. 1830 for all races from Saturday 10 August to Thursday 15 August.
  - b. 1700 for all races on Friday 16 August and Saturday 17 August.
  - c. If the first boat in the class that appears to have sailed the course as required by RRS 28.1 finishes within one hour prior to the time limit, then the time limit for that class will be extended by one hour and announcements will be made on the appropriate VHF channel shown in Table 1 : VHF Communications on page 8.
  - d. If no boat in a class finishes within the time limit, the race for that class will be abandoned.
- 11.2 Where a class has more than one race scheduled for a particular day, boats in all but the final race of the day not finishing within 30 minutes after the first boat in the class finishes will be scored DNF. At the end of that time, international code flag 'K' over the class flag will be displayed by the Committee Boat (and may be accompanied by 5 sound signals).

# 12 THE FINISH

### 12.1 Choice of finish line

The finish line to be used will be indicated by the last ID of the course. The scheduled finish will normally be at one of the six standard finish lines (SI 12.2) but may be at another mark (SI 12.3).

### 12.2 Standard finish lines

There are six standard finishing lines:

- a. RYS Line 1 (81), between the RYS flagstaff (80) and Alpha (8A).
- b. R**YS Outer Line** (89), between Alpha (8A) and Williams Shipping (3W).
- c. Breakwater Finish Line (83), between Gamma (8G) and a staff displaying a large orange flag on a committee boat moored south of this mark. There may be an inflatable inner distance mark close by the committee boat, in which case boats shall pass to the north of this buoy when finishing.
- d. **Bramble Finish Line** (86), between a staff displaying an orange flag on a committee boat in the vicinity of the race mark RORC (30) and an orange inflatable mark stationed at a distance of approximately 200m.
- e. White Group Committee Boat Finish Line see Diagram 1 on page 9.
- f. Black Group Committee Boat Finish Line see Diagram 1 on page 9.

### 12.3 Finishing at other marks

If the scheduled finish is to be anywhere except at one of the six standard lines described above then the line shall be between the mark indicated as the last mark of the course and a staff displaying an **orange flag** on the finishing committee boat.

### 12.4 Keeping clear after finishing

After finishing, boats shall endeavour to keep clear of all boats that are racing, of all finish lines and shall take extreme care of all commercial shipping.

# 13 CLASS & BOAT IDENTIFICATION

- 13.1 Boats shall carry all forms of identification (sail numbers and class flags) as described in the NoR. An infringement of this rule may not be protested by another boat, but may result in a time penalty of 1% being given, without a hearing, by the Race Committee. This changes RRS 60 and 63.
- 13.2 Boats shall ensure that their sail numbers are in a suitable contrast to the sail so as to be easily readable by the Race Committee.

# 14 TRACKING

- 14.1 For safety and race management purposes, boats while racing shall carry and use a CWL appoved tracking device, which shall be one of the following:
  - a. An AIS transponder. Competitors shall use their best endeavours to ensure that the device is switched on and transmitting at least once every 5 minutes; or
  - b. A compatible mobile device running the App. Competitors shall use their best endeavours to ensure that their boat has one or more such devices onboard and operating (*multiple devices are encouraged to ensure compliance with this SI*).
- 14.2 Protests for infringement of SI 14.1 may be brought only by the Race Committee. This changes RRS 60 and 63.

# **15 RETIREMENT**

A boat that retires from a race should inform the Race Committee as soon as possible; see Table 1 : VHF Communications on page 8.

# **16 DECLARATIONS**

Declarations must be submitted as soon as possible after each race. See Appendix F on page 7.

# 17 PENALTIES AND PROTESTS

See Appendices D and E on pages 6 & 7.

# 18 SCORING & DISCARDS

- a. See the NoR for details about scoring.
- b. Triple Crown scoring : See Appendix H on page 7.
- c. Class Discards : See Table 2 Class Discards on page 8.

# **19 AMENDMENTS TO CLASS RULES**

Details of amendments to class rules to be used at Cowes Week are shown in Appendix G on page 7.

# 20 RISK STATEMENT & INSURANCE

Attention is drawn to the Risk Statement and insurance requirements contained in the NoR, and to the Cowes Week Safety Booklet, copies of which can be found on the Official Cowes Week website.



# **RELEVANT RYA PRESCRIPTIONS TO THE RRS**

### Rule 5 : Anti-Doping

The national authority procedural rules required by World Sailing regulation 21.14 to implement the World Anti-Doping Code through ISAF Regulation 21 are the **RYA Anti-Doping Rules**, as published on the RYA website.

# Rule 40 : Personal Flotation Devices

When a rule requires a personal flotation device to be worn, the device shall comply with the specifications for the personal flotation device that the boat is required to carry. If more than one specification applies, the personal flotation device worn shall comply with the highest of them.

# Rule 50.4 : Headsails

For the purposes of rules 50 and 54 and Appendix G (to the RRS), the difference between a headsail and a spinnaker is that, for a headsail, the distance measured between its half leech point and its half luff point, is less than 75% of its foot length. A sail tacked down behind the foremost mast is not a headsail. Terms in bold are as defined in the Equipment Rules of Sailing.

# Rule 67 : Damages

- Any issue of liability or claim for damages arising from an incident while a boat is bound by the Racing Rules of Sailing shall be subject to the jurisdiction of the courts and not considered by a protest committee.
- 2. A boat that takes a penalty or retires does not thereby admit liability for damages or that she has broken a rule.

# Rule 78 : Compliance With Class Rules

The Race Committee may inspect or measure any **boat** or **personal equipment** at any time. Terms in **bold** are as defined in the Equipment Rules of Sailing.

# Appendix R : Procedures For Appeals And Request

#### R2.1 Submission of Appeal

- Rule 2.1 shall apply except as changed by the following:
- 1. The appellant shall notify RYA Racing stating an intention to appeal within the relevant time limit in rule R2.1. No details are needed at this stage.
- 2. Within 15 days thereafter, the appellant shall send to the RYA a completed appeal form with a copy of the Protest Committee's decision and other documents listed in rule R2.2, all as far as reasonably possible.
- 3. Unless the appellant is a personal member of the RYA, an appeal fee, stated on the appeal form, is payable to the RYA and should be sent with the appeal form. The appeal form is available from www.rya.org. uk/racingrules or by request from RYA Racing.

#### R2.4 Failure to comply with Procedures for Appeal or Request

Add new rule R2.4: If the appellant does not comply with rule R2.1 as prescribed or the Protest Committee does not comply with rule R2.3, the RYA will refuse to hear the appeal unless there are exceptional circumstances. If other parties to the protest or the Protest Committee do not meet the requirements of the procedure, the RYA may decide the appeal as it thinks fit.

# World Sailing Regulation 20 Advertising Code

### 20.2.3 Right to display advertising on a boat

When the right to display advertising on a boat is subject to prior authorisation by the national authority in accordance with regulation 20.2.3.3, the approval of the RYA is automatically granted provided that such advertising is permitted by the relevant rules of the class, rating system or handicapping system.

#### 20.8.2 Fees

When the person in charge of a boat chooses to display advertising the RYA will not impose a fee as permitted by regulation 20.8.2.

# APPENDICES

# **APPENDIX A - COMMUNICATIONS**

# A1 TEXT MESSAGING

- A1.1 Competitors may receive courses and other information by text message from the Race Committee and may submit compulsory declarations (see Appendix F) by text using a single onboard mobile telephone using a UK service provider. Mobile telephone numbers for these uses must be notified in writing to CWL by 1800 on Thursday 8 August.
- A1.2 Replacement mobile telephone numbers may be accepted free of charge after the above time at the sole discretion of CWL. Replacement telephones must be notified by 1800 on one day for it to be registered for use by the next day.
- A1.3 Additional mobile telephone numbers may be registered for the reception of courses for an administration charge of  $\pounds$ 10 per phone. These additional mobile telephones cannot be used for submitting declarations.
- A1.4 If there is a postponement after a course has been promulgated by text message, a second text message will be sent with the correct course, as this may have been changed. If there has been a postponement and this second text is not received, the radio announcement of the course must be re-checked in case the course has been changed.
- A1.5 Delays or failure of the text messaging service shall not be grounds for redress.

# A2 APP

- A2.1 Competitors may receive courses and other information via the App from the Race Committee.
- A2.2 Use of the App requires registration by an individual crew member using a Registration Id made available to the entrant prior to the event. There is no limit to the number of devices registered to use the App on each boat (*multiple devices are encouraged*).
- A2.3 Failure of this service shall not be grounds for redress.

# **APPENDIX B - NAVIGATION RESTRICTIONS**

### **B1 COWES OUTER BREAKWATER**

Boats racing shall not pass to the south of the Cowes Outer Breakwater. See Diagram 2 on page 14 of these Sailing Instructions.

## **B2 RYS OUTER LINE**

Boats starting or finishing on the RYS Outer line (89) shall not pass to the south of mark Alpha (8A).

# **B3 GOSPORT BOROUGH COUNCIL BYELAWS**

While racing, boats shall observe the Gosport Borough Council byelaws relating to the bathing areas off Stokes Bay, an extract of which is reproduced in the Safety Booklet.

### **B4 ANCHORING**

While racing, boats shall not anchor or kedge:

- a. Within the area defined by the two lines denoting power and gas cables between Stone Point and Gurnard Bay, shown on the laminated chartlet.
- b. Within the area of Cowes Fairway bounded by No.1 Harbour Buoy and Alpha (8A) to the west and No.2 Harbour Buoy and Trinity House buoy (3Z) to the east (shown on Diagram 2 on page 14).

### **B5 COMMERCIAL SHIPPING**

- B5.1 Boats shall observe the Associated British Ports Southampton (ABP) Harbour Byelaws 2003 (see Safety Booklet) at all times and must avoid any close quarters situation with large commercial shipping. Particular note should be made of Byelaws 10 & 11 and ABP Notice to Mariners No. 14 of 2019 giving details of a moving prohibited zone, which ranks as an obstruction for the purposes of RRS 19 and 20.
- B5.2 Boats shall observe the Cowes Harbour Commission (CHC) General Directions and Notices to Mariners and their attention is particularly drawn to local Notices to Mariners (shown in the Safety Booklet).
- B5.3 Protests for infringements of B5.1 and B5.2 may be brought only by the Race Committee who may initiate a protest as the result of a report from the vessel affected or one made by either ABP or CHC staff. Additionally, ABP and/or CHC may initiate court proceedings against boats that infringe their byelaws and/or Notices to Mariners. This changes RRS 60.

### **B6 SMALL CRAFT MOORINGS**

- B6.1 Boats whilst racing, and in whichever direction they are sailing shall not sail to the south of row J of the Small Craft Moorings as shown in the Cowes Fairway and Restricted Area Diagram 2 on page 14, unless they are proceeding to or from their designated mooring. Row J shall rank as an obstruction for the purpose of rule 19 and 20.
- B6.2 The mooring buoys in row J are large, orange and are the northern most row of laid moorings. In addition the western and eastern end of row J may be marked with large blue racing marks.

# APPENDIX C - SAILGP EXCLUSION ZONE

- C1.1 The SailGP Exclusion Zone is a secure and complete exclusion zone which will come into effect at 1400 on both Saturday 10 August and Sunday 11 August and be removed as quickly as possible after the conclusion of SailGP racing (approx 1700).
- C1.2 Boats shall not enter the SailGP Exclusion Zone which shall be clearly marked by SailGP inflatable buoys and patrolled by marshall boats flying a "SailGP" flag.

### **C1.3 Notification**

- a. The commencement and removal of the SailGP Exclusion Zone will be announced on VHF channel 22, 2, 3, 4 and 5, and by Cowes Radio.
- b. Flags G over P will be flown from the RYS flagstaff while the exclusion zone is in operation.

Competitors are strongly recommended to read further general information about the SailGP racing area which is applicable to all craft. Diagrams on pages 12 & 13 show the placement of the exclusion zones for different wind directions illustrating the likely position and shape of the zone.

# **APPENDIX D - PENALTIES**

- D1.1 Time penalties for infringements of Part 2 of the RRS or of RRS 31.
  - a. The turns penalties described in RRS44.2 are replaced by a time penalty of 1% being added to the boat's elapsed time.
  - b. A boat takes a time penalty by displaying a yellow flag at the first reasonable opportunity after the incident and keeping it displayed until after finishing.
  - c. Prior to the first hearing, a boat that did not comply with D1.1.b. may acknowledge an infringement by accepting a time penalty of 3% being added to her elapsed time.



- d. Boats accepting a time penalty must report the infringement(s) in person at the Protest Desk at the Regatta Centre at the first reasonable opportunity.
- e. A boat that accepts a time penalty may protest with respect to the same incident but her penalty will not be reduced.
- f. A boat that takes a time penalty shall not be penalised further in respect of the same incident unless she failed to retire as required by RRS 44.1(b).

#### D1.2 Z-flag rule (changing RRS 30.2).

The 20% scoring penalty described in RRS 30.2 is replaced with a 3% time penalty.

D1.3 Black-flag rule (changing RRS 30.4)

The requirement in RRS 30.4 for the Race Committee to display a boat's sail number is replaced by the following: Not sooner than one minute after the start signal, the Race Committee will inform competitors of their disqualification on VHF radio (see Table 1 on page 8 for the channels to be used on each start line).

- D1.4 A boat shall not be scored as having finished outside the time limit solely by the application of a time penalty. This changes RRS 44.
- D1.5 The level of penalties (other than those penalties specifically defined in these Sailing Instructions) for infringements of rules shall be at the discretion of the Protest Committee and may be disqualification, a time penalty or a warning with no penalty. This changes RRS 64.1.
- D1.6 Where these Sailing Instructions allow the Race Committee or Protest Committee to penalise a boat without a hearing, the competitor shall nonetheless be entitled to a hearing upon request. The level of penalty following a hearing may be more severe than that initially imposed.

# **APPENDIX E - PROTESTS**

Changing RRS 60 & 63.1

- E1.1 Protests shall be lodged:
  - a. In writing at the Regatta Centre using official protest forms that are available from the Regatta Centre.
  - b. From Saturday 10 August to Thursday 15 August, within two hours after the boat's finishing time in its last or only race of the day, or should the boat not finish, within two hours after entering port.
  - c. On Friday 16 and Saturday 17 August, within one hour after the boat's finishing time, or should the boat not finish, within one hour after entering port.
- E1.2 Rating protests and protests relating to alleged non-compliance with one-design rules shall be lodged:
  - a. Within 24 hours of the reason for the protest becoming known to the protestor and,
  - b. Not later than the end of protest time on Friday 16 August.

#### E1.3 Impending protests

- a. A list of impending protests will be available at the Protest Desk in the Regatta Centre and may be repeated on EventTV and on the Official Website. The failure or omission of either of these alternatives shall not be grounds for redress.
- b. A boat that is the subject of a protest shall ascertain the time of hearing at the Regatta Centre. Note that the telephone number of the Protest Desk is 01983 248004.
- c E1.3(a) does not relieve protestors from their obligations under RRS 61.1(a), nor protestees from responding properly to being informed.
- E1.4 Protests arising from races on Friday 16 and Saturday 17 August:
  - a. Will be heard as soon as possible that day, unless exceptional circumstances prevail.
  - b. Protests being heard on this day that may affect a prize winner may be heard before other protests.

c. A request for the re-opening of a hearing held on this day shall be made within 30 minutes of the parties being informed of the original decision. This changes RRS 66.

# **APPENDIX F - DECLARATIONS**

Changing RRS Appendix A

- F1.1 A declaration must be made as soon as possible after finishing each race, and in any case within one hour of finishing (this time may be extended by the Race Committee at their sole discretion).
- F1.2 If a boat fails to observe F1.1:
  - a. The boat may, within 24 hours of the protest time limit described in E1.1, complete a late declaration form in person at the Regatta Centre stating that the boat sailed the course correctly and complied with all relevant rules. In this case the boat will be given a penalty of 3% of its elapsed time.
  - b. If neither a declaration nor late declaration form is completed, the boat will be scored 'No Declaration' (abbreviation NOD) and will receive the same points as if she were DNF. This changes RRS A11.

#### F1.3 Text Declarations

- a. To make a declaration by phone, only the boat's registered mobile phone may be used to send one of the following text messages to **023 8000 1802**.
- b. If finishing the race correctly the boat's finish time (hhmm) and the sail numbers of the boat ahead and the boat astern in this format: 1624 GBR1234T K987. UNKNOWN should be entered for either or both sail number(s) if these were not seen.
- c. If the boat retired, send: RETIRED
- d. If the boat did not start the race, send: DNC
- e. **IMPORTANT**: Wait for a response confirming that your declaration has been received.
- f. If a response has not been received within 10 minutes, the declaration has not been received and the boat will be scored as No Declaration in this race. Another attempt to send the declaration should be made or 01983 295744 should be called to report the declaration problem.

#### F1.4 Online Declarations

It is also possible to declare online at www.cowesweek.co.uk, using the unique Declaration PIN issued to the boat upon entering.

# APPENDIX G - AMENDMENTS TO CLASS RULES

### G1.1 SB20 Class

At the request of the class, there will be neither a maximum crew weight nor a maximum crew number nor a restriction on crew substitution for either the SB20 Mini Slam series (Wednesday 14 August to Friday 16 August) or racing on Saturday 17 August, after the Grand Slam series has finished. This changes class rule C3.1 and C3.2.

# **APPENDIX H - TRIPLE CROWN SCORING**

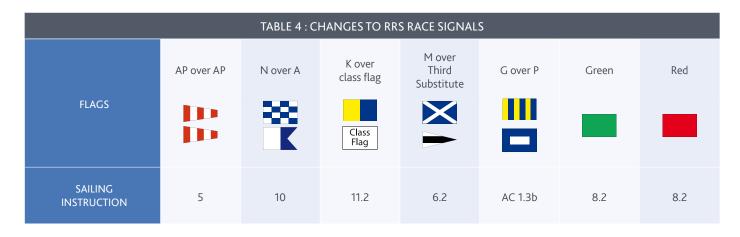
- H1.1 Scoring will be in accordance with RRS Appendix A, except as amended below.
  - a. Races that are abandoned will be scored in accordance with RRS A10(a) for the boat in question.
  - b. Boats that have entered fewer than three races will not be eligible for the series.
  - c. A boat's series score will be the total of her three race scores multiplied by a Class Weighting Factor. The Class Weighting Factor for each boat will be: 3 divided by the square root of (N-0.5), where N is defined as the number of boats in her class entered for at least three races (as at 1800 on Friday 9 Aug).

	TABLE 1 :	VHF COMM	UNICATIONS
	COMMUNIC	CATIONS BY R	ACE COMMITTEE
TIME OF BROADCAST	FOR CLASSES	VHF CHANNEL	INFORMATION
0800 to 0930 or one hour before the first start, whichever is the later	All Classes	22	<ul> <li>General Information about the days racing</li> <li>Start lines to be used by each class</li> </ul>
	Classes starting on Bramble Line	02	
<b>0930</b> or one hour before the first start, whichever is	Classes starting on Western Line	37	
	Classes starting on <b>RYS Lines</b>	03	<ul> <li>Start lines to be used by each class</li> <li>Courses</li> <li>Start Signals</li> </ul>
the later to	Classes starting on Castle Point Line	03	<ul><li>Shortening of courses</li><li>Changes of start and finish lines</li></ul>
Time Limit	Classes starting on White Group Committee Boat	04	• Time limit extensions
	Classes starting on Black Group Committee Boat	05	
After Racing	All Classes	22	General announcements
	COMMUN	ICATIONS B	Y COMPETITORS
All Day	All Classes	77	<ul><li>Communications with the Race Committee</li><li>Retirements</li></ul>
All Day	All Classes	16	<ul> <li>In the event of an emergency competitors should, as normal, use VHF Ch 16 to communicate with the emergency services via the Coastguard.</li> </ul>

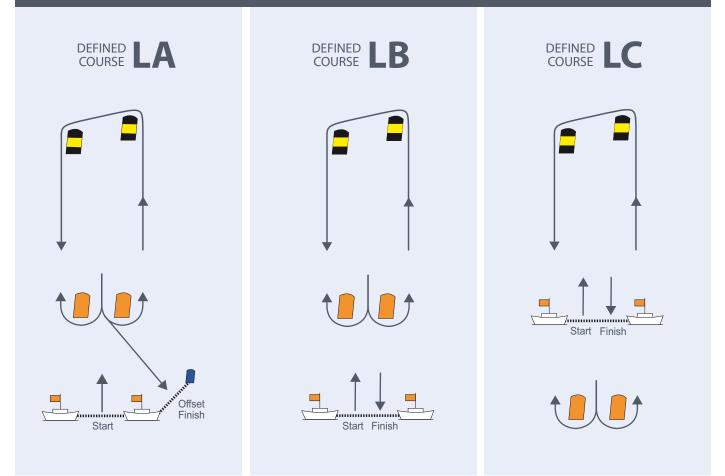
		RACES TO	COUNT	NUMBER NOT COMPLETED								
TABLE 2: CLASS DISCARDS		FOR SE	RIES	0	1	2	3+	6+				
CLASS	FROM	ТО	TOTAL		NUMBE	ROFD	SCARDS					
Triple Crown	Mon	Wed	3	0	0	0	0	0				
Contessa 32	Sat	Fri	7 races	1	0	0	0	0				
IRC 1-7, Sigma 33, Cruiser A, B, C, and D, J/109, Sunsail, Double Handed, GRP Classics	Sat	Fri	7 races	1	1	0	0	0				
НРЗО	Sat	Fri	11 races	2	2	1	1	0				
Daring, Etchells, Flying Fifteen, Redwing, Sportsboat, Squib, Mermaid, Multihull, J/80, RS Elite, Sunbeam, Victory, Dragon, Sonar	Sat	Fri	7 races	1	1	0	0	0				
XOD, Swallow	Sat	Fri	7 races	1	1	1	0	0				
J/70 (short series)	Sat	Tue	12 races	2	2	1	1	0				
J/70 (all week)	Sat	Fri	7 scores*	1	1	0	0	0				
SB20 Grand Slam	Sat	Tue	11 races	2	2	1	1	0				
SB20 Mini Slam	Wed	Fri	3 races	0	0	0	0	0				

\* Score : When more than one race is completed on a day, a boat's 'score' for that day will be the average of the individual race scores.

	TABLE 3 : SIGNALS M	ADE ASHORE (LOCATIONS	MARKED ON DIAGRAM 2 )	
SIGNAL FROM	RYS	Bramble Line Commitee Boat	Black Group Committee Boat	White Group Committee Boat
SIGNAL REPEATED ASHORE AT	n/a	RLYC Flagstaff	RORC Flagstaff	ISC Flagstaff



# DIAGRAM 1: DEFINED COURSES FOR COMMITTEE BOAT STARTS



**Defined courses** for Committee Boat Starts will be notified to competitors in the following format: The prefix LA, LB or LC followed by a number identifying the number of rounds to be completed eg LB 3 The bearing and distance to the Windward Mark may be displayed on the Committee Boat.

Non-defined courses may be set for Committee Boat Starts, and will be notified to competitors using the 2 character mark IDs detailed in the Racing Marks table on pages 10-11.

			TABLE 5 : F
ID	NAME	LATITUDE (N)	LONGITUDE (W)
	ZONE 1 - WESTERN /	APPROACHES	
1A	Peveril Ledge	50 36.41	01 56.10
1B	Poole Bar No 1	50 39.29	01 55.14
1C	MS Amlin	50 40.31	01 54.02
1E	Christchurch Ledge Buoy	50 41.50	01 41.60
1F	Needles Fairway	50 38.24	01 38.98
1G	South West Shingles	50 39.29	01 37.52
1H	Bridge	50 39.63	01 36.88
1J	Shingles Elbow	50 40.37	01 36.05
1K	North Head	50 42.69	01 35.52
1L	Needles Lighthouse	50 39.73	01 35.50
1M	Warden	50 41.48	01 33.55
1N	North East Shingles	50 41.96	01 33.41
	ZONE 2 - WESTER	N SOLENT	
2A	Chewton Glen	50 42.79	01 32.53
2B	Dunford	50 43.38	01 31.54
2C	Colten	50 43.83	01 30.86
2F	Berthon	50 44.20	01 29.22
2H	"H"	50 44.30	01 28.16
2J	Zwerver	50 45.11	01 27.34
2K	Cowes Radio	50 44.83	01 26.09
2R	Powder Byrne	50 45.43	01 25.89
2T	Lymington Bank	50 43.10	01 30.85
2X	Solent Bank	50 44.23	01 27.37
20	Sconce	50 42.53	01 31.43
21	Black Rock	50 42.57	01 30.59
22	Charles Stanley	50 42.86	01 29.40
24	The English Summer Berry Co	50 42.86	01 28.42
25	Caldwells Estate Agents	50 43.15	01 27.49
26	Hamstead Ledge	50 43.87	01 26.18
27	Alitex	50 42.97	01 28.16

	ARKS			
ID	NAME		LATITUDE (N)	LONGITUDE (W)
	ZONE 3 - MID-S	OLENT	(W)	
ЗA	West Lepe		50 45.24	01 24.09
3B	NGR	0	50 44.36	01 23.80
3C	craftinsure.com	•	50 45.64	01 23.12
3D	Salt Mead		50 44.51	01 23.04
3E	YachtDataBank	•	50 46.13	01 22.19
3F	elephantboatyard.co.uk	•	50 44.72	01 21.95
3G	Sevenstar Yacht Transport	•	50 46.58	01 21.46
3H	East Lepe		50 45.93	01 21.07
ЗK	Lepe Spit	-	50 46.78	01 20.64
3L	Gurnard Ledge		50 45.51	01 20.59
3N	Quinnell	•	50 47.07	01 19.88
ЗP	Cowes Yacht Haven		50 45.68	01 19.98
3Q	Care Learning Centre	•	50 45.97	01 19.45
3R	North East Gurnard		50 47.06	01 19.42
35	Royal Thames	•	50 47.81	01 19.25
3T	CHS		50 46.10	01 18.87
3U	Gurnard	•	50 46.22	01 18.84
3V	West Bramble	-	50 47.20	01 18.65
3W	Williams Shipping	•	50 47.20	01 18.55
ЗX	Party		50 46.10	01 18.43
3Y	West Knoll	•	50 47.43	01 17.84
3Z	Trinity House Buoy	0	50 46.31	01 17.75
30	RORC	•	50 47.12	01 17.72
31	South Bramble		50 46.98	01 17.72
33	Prince Consort	•	50 46.41	01 17.56
39	Snowden		50 46.20	01 17.75
	ZONE 4 - MID-	SOLENT	(E)	
4B	Coronation		50 49.55	01 17.62
4C	Club2Class	•	50 49.21	01 17.46
4E	Mike Till		50 47.67	01 17.00
4F	Deloitte Sailing Club	•	50 47.20	01 17.00
4G	Velociwrap Graphics	0	50 49.45	01 16.91
4H	East Knoll		50 47.96	01 16.83
4J	hamblewinterseries.com	•	50 48.63	01 16.65
4K	Royal London YC		50 46.15	01 16.65

				TABLE 5 : R		IARKS		
ID	NAME		LATITUDE (N)	LONGITUDE (W)	ID	NAME	LATITUDE (N)	LONGITUDE (W)
4L	William	•	50 49.03	01 16.49		ZONE 6 - EASTERN AP	PROACHES	
4M	Hill Head		50 48.07	01 16.00	6A	No Man's Land Fort	50 44.40	01 05.70
4N	QXI International	•	50 47.27	01 15.90	6B	Horse Sand Fort	50 45.01	01 04.34
4P	West Ryde Middle	•	50 46.48	01 15.79	6C	Warner	50 43.87	01 03.99
4Q	John Fisher	0	50 48.46	01 15.72	6D	Horse Elbow	50 44.26	01 03.88
4R	Darling Buoy	•	50 49.18	01 15.71	6E	West Princessa	50 40.16	01 03.65
4S	Royal Southern	0	50 48.88	01 15.57	6F	Bembridge Ledge Buoy	50 41.15	01 02.81
4T	Norris		50 45.97	01 15.51	6G	St Helens Buoy	50 43.36	01 02.41
4U	Fever Tree	0	50 46.43	01 15.09	6H	Dean Elbow	50 43.69	01 01.88
4V	Hamble Yacht Services	•	50 48.13	01 14.64	6	Nab East	50 42.86	01 00.80
4W	Goodall Roofing	0	50 47.33	01 14.59				
4X	Colette	•	50 45.53	01 14.39	6K	Horse Tail	50 43.23	01 00.23
4Y	North Ryde Middle		50 46.61	01 14.31	6L	Winner	50 45.10	01 00.10
4Z	South Ryde Middle		50 46.13	01 14.16	6M	Nab End	50 42.63	00 59.49
40	Fastnet Insurance	•	50 47.66	01 13.65	6N	Dean Tail	50 42.99	00 59.17
41	East Bramble	•	50 47.23	01 13.64	6P	New Grounds	50 41.84	00 58.49
42	Peel Bank		50 45.49	01 13.35	6R	Nab Tower	50 40.08	00 57.15
43	Wightlink	•	50 46.16	01 13.09	6S	Outer Nab No 2	50 38.43	00 57.70
44	Royal Yacht Squadron		50 47.31	01 12.10		ZONE 8 - CW SPECIF	IC MARKS	
45	South East Ryde Middle	-	50 45.93	01 12.10	85	Laid mark 8S	50 45.72	01 14.95
46	North East Ryde Middle		50 46.21	01 11.88	8X	Laid mark 8X	50 47.47	01 12.90
47	Maraval	<u> </u>	50 47.70	01 15.25	8J	Laid mark 8J	50 45.20	01 25.00
	ZONE 5 - EASTEF	RN SOL			8К	Laid mark 8K	50 44.90	01 21.70
5A	Regattalets		50 45.03	01 11.89	8A	Alpha	50 46.29	01 18.13
5B	Motherbank		50 45.49	01 11.21	8B	Beta	50 46.29	01 18.30
5C	Browndown		50 46.57	01 10.95	8G	Gamma	50 46.25	01 17.62
5D	Kemps Quay		50 45.18	01 09.65	80	RYS Flagstaff	50 46.004	01 18.055
5E	Darling Associates Architects		50 46.26	01 08.76	81	RYS Line 1		S Castle
5F	North Sturbridge		50 45.33	01 08.23	82	RYS Line 2		6 Castle
5G	RNC & RAYC		50 46.42	01 07.90				
5J	KB Dry Stack		50 46.61	01 07.29	83	Breakwater Finish Line		/a vicinity
5M	Gleeds		50 46.11	01 06.52	86	Bramble Start / Finish Line	Mar	
5Q	Outer Spit	-	50 45.44	01 05.46	89	RYS Outer Start / Finish Line	n	/a
5R	Horse Sand Buoy		50 45.53	01 05.27	8W	Laid Windward Mark	n	/a
5S	Saddle Buoy		50 45.10	01 04.95	8Z	Gate: South Bramble (31) to	n	/a
50	Fairhall West		50 46.81	01 10.40		Prince Consort (33)		
51	Stokes Bay SC Central		50 46.60	01 09.85		Mark names and positions ir	red have change	d since 2018

# THE SAILGP EXCLUSION ZONE

The following is provided to competitors for their information and as part of the Cowes Week and SailGP safety plan. Sail GP will be racing off the Green in Cowes between 1500 and 1700 on Saturday 10 August and Sunday 11 August. We are aware that you have entered Cowes Week to race and we have contingency plans in place to enable that to happen in all but the most extreme circumstances. At the same time where possible we hope that you will be able to enjoy watching what should be an amazing event.

There will be a secure and complete exclusion zone around the SailGP event which will come into effect at 1400 hours on both Saturday 10 August and Sunday 11 August and be removed as quickly as possible after the conclusion of SailGP racing. Regulations governing competitors while racing is contained in Appendix C on page 6 and form part of the Sailing Instructions.

#### Exclusion zone in operation

This is expected to be from 1400 to 1700 or thereabouts. After racing the SailGP catamarans will moor off the Green while the spectator fleet disperses. The likely exclusion zones for three different wind directions are shown in the diagrams to illustrate the placement of the zone.

Boats approaching Cowes from the west of the exclusion zone after 1400 must transit back to Cowes via the **Northern Access Route (NAR)**.

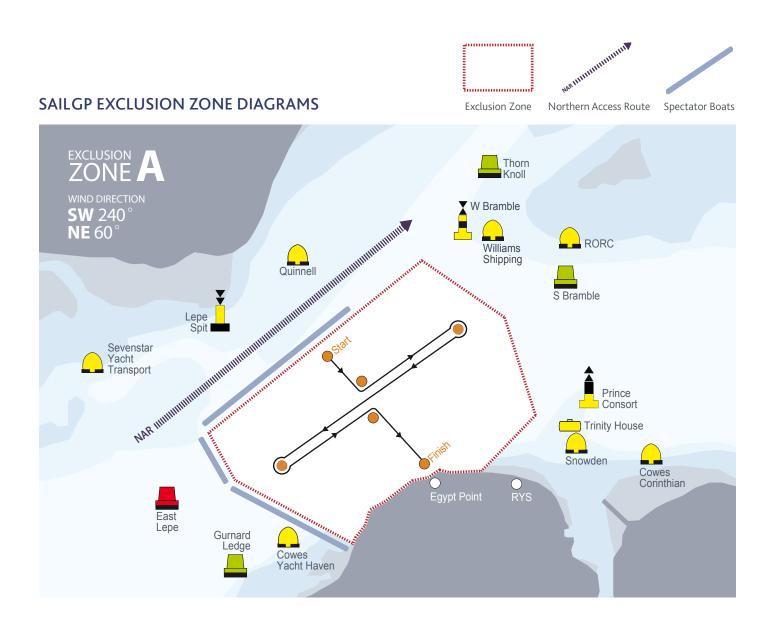
There will be no passage along the Island shore from Gurnard Bay to the Medina river until the Exclusion Zone restriction is lifted.

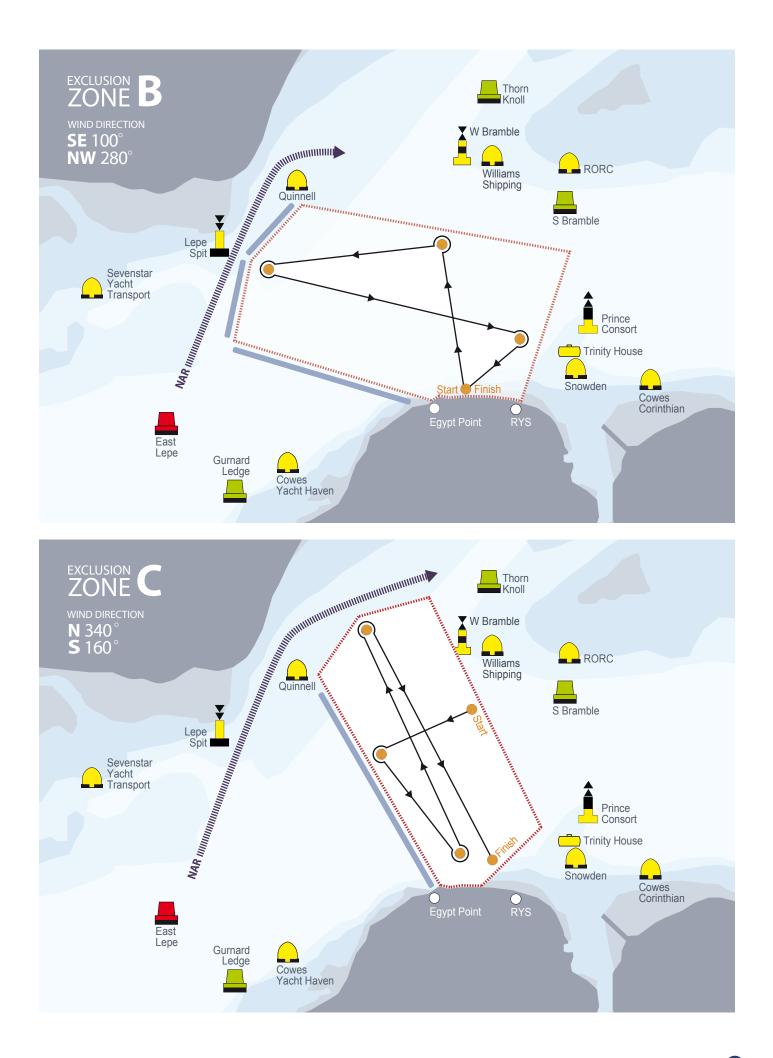
Spectating on the water is only allowed on the western and northern sides of the exclusion zone, shown on the diagrams in Blue. On-water spectating is not allowed to the south and east for safety reasons.

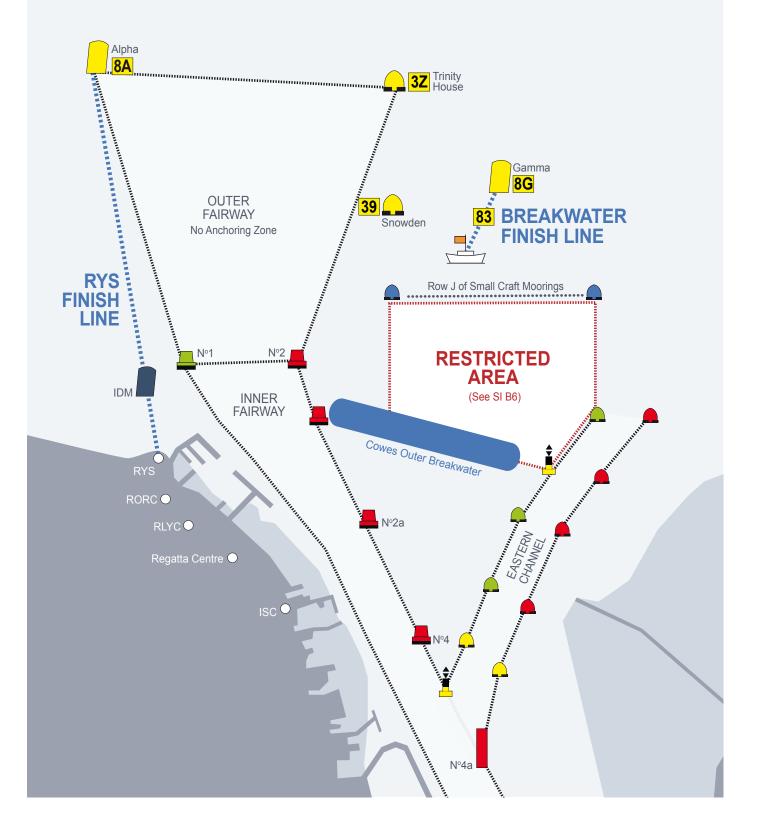
It is the intention that, where possible, Cowes Week races will start in the normal way and in the normal locations. However, on careful reading of the sailing instructions you will see that additional start lines have been created so that we can start Cowes Week races after the imposition of the exclusion zone if needs be, particularly in the case of a late sea breeze. After racing competitors are welcome to join the spectator fleet watching Sail GP in either the western or northern sectors. There will be a fleet of 30 ribs providing marshalling services as well as buoys indicating the exclusion zone, each flying a SailGP flag.

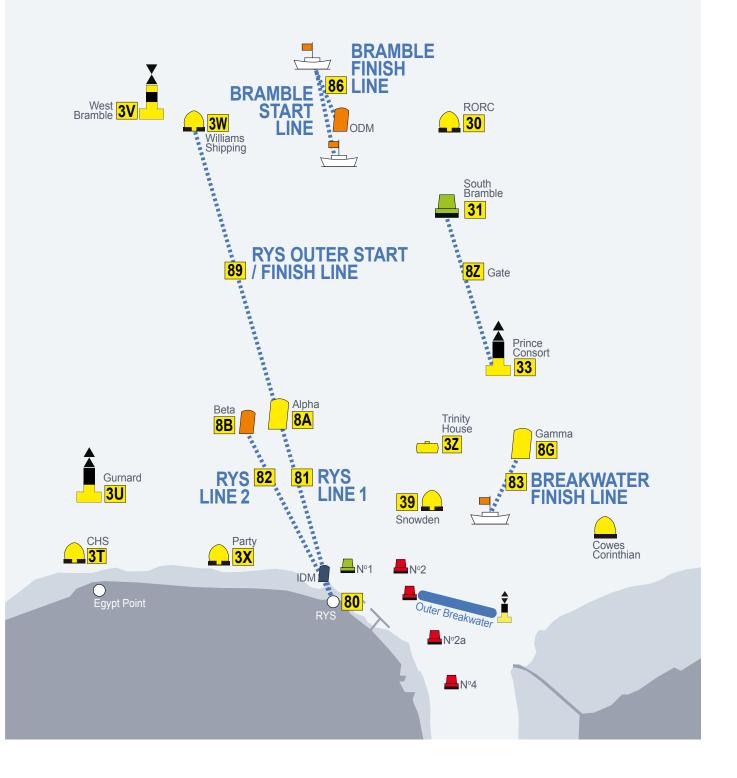
Please do not enter the exclusion zone for any reason. This will likely result in the abandonment of SailGP racing for safety reasons.

Cowes Week Radio will broadcast commentary on the racing as well as information from the organisers, which will be useful to boats spectating on the water. There will also be information messages on the Cowes Week App. Cowes week race organisers will use VHF channel 22 as a general communication channel to spectating boats.









				TABL	E 6 : BI	LACK (	GROU	P STAR	RTS, FL	AGS 8	د NUM	IERALS	5.						
CI	LASS DETAI	LS		R = RYS START LINES B= BRAMBLE LINE									C = BLACK GROUP COMMITTEE BOAT LINE						
CLASS		S FLAG AND		SAT 10		SUN 11		MON 12		TUE 13		WE	D 14	THU 15		FRI 16		SAT 17	
	NUME	RAL / LET	TER	R/B	С	R/B	С	R/B	С	R/B	С	R/B	С	R/B	С	R/B	С	R	
Triple Crown								0955		0955		0955							
IRC 0		NPO	0	1010		1010		1010			1040		1040	1010		1010		1010	
IRC 1		NP1	1	1020		1020		1020			1050		1050	1020		1020		1010	
IRC 2		NP2	2	1030		1030			1040	1010		1010			1040	1030		1010	
IRC 3		NP3	3	1040		1040			1050		1100	1020			1050	1040		1020	
HP30		NP8	Н	1050		1050		1030			1110		1130*		1130*	1050		1010	
J/109	<b>:+:</b>	NN0		1100		1100		1040			1120	1030			1100	1100		-	
IRC 4		NP4	4	1110		1110		1050			1130	1040		1030		1110		1020	
IRC 5		NP5	5		1040		1040	1100		1020		1050		1040		1120		1030	
Quarter Ton	K	А	Т		1050		1050	1110		1030		1100			1110		1040	-	
Contessa 32		G			1100		1100	1120		1040		1110			1120		1050	-	
Sigma 33		NN7			1110		1110	1130		1050		1120		1050		1130		1030	
IRC 6		NP6	6		1110		1110	1130		1050		1120		1050		1130		1030	
IRC 7		NP7	7		1120		1120	1140		1100		1130		1100		1140		1030	
Sunsail F40		Sunsail flag			1130		1130		1100	1110		1140		1110		1150		-	
Cruiser (Div A)		Pink	8	1120		1120			1110	1120			1100	1120			1100	1020	
Cruiser (Div B)		Green	9	1130		1130			1120	1130			1110	1130			1110	1040	
Cruiser (Div C)		Light Blue	С	1130		1130			1120	1130			1110	1130			1110	1040	
Cruiser (Div D)		Dark Blue	U	1140		1140			1130	1140			1120	1140			1120	1040	
GRP Classics		NN1	Μ	1140		1140			1130	1140			1120	1140			1120	1040	
Double Handed		White	J		1140		1140	1150		1150		1150		1150			1130	-	

\*Time of first start, subsequent starts follow asap

	TABLE 7 : WHITE GROUP START TIMES AND FLAGS.																		
CLAS	S DETAILS		R = RYS START LINES B= BRAMBLE LINE									C = WHITE GROUP COMMITTEE BOAT LINE							
CLASSES	CLASS	FLAG	SAT	SAT 10		SUN 11		MON 12		TUE 13		WED 14		THU 15		16	SAT 17		
			R/B	С	R/B	С	R/B	С	R/B	С	R/B	С	R/B	С	R/B	С	R		
J/70		J	1005*		1005*		1005*		1005*		1005		1005		1005		1055		
SB20		NN2	1015*		1015*		1015*		1015*		1015		1015		1015		1055		
Etchells		E	1025		1025		1025		1025		1025		1025		1025		1105		
Daring		0	1035		1035		1035		1035		1035		1035		1035		1105		
J/80		Н	1045		1045		1045		1045		1045		1045		1045		1055		
Sportsboat		NN3	1045		1045		1045		1045		1045		1045		1045		1055		
Dragon		D	1055		1055		1055		1055		1055		1055		1055		1105		
RS Elite	$\mathbf{X}$	NN4	1105		1105		1105		1105		1105		1105		1105		-		
Solent Sunbeam	$\mathbf{X}$	$\vee$	1115		1115		1115		1115		1115		1115		1115		-		
Redwing		R	1125		1125		1125		1125		1125		1125		1125		1115		
Sonar		Т	1135		1135		1135		1135		1135		1135		1135		1125		
Swallow		К	1135		1135		1135		1135		1135		1135		1135		-		
Flying 15		NN6	1135		1135		1135		1135		1135		1135		1135		1125		
Seaview Mermaid		NP9	1145		1145		1145		1145		1145		1145		1145		1115		
Victory		F	1155		1155		1155		1155		1155		1155		1155		-		
Squib		NN9	1205		1205		1205		1205		1205		1205		1205		1125		
XOD		W	1215		1215		1215		1215		1215		1215		1215		1135		
Multihulls	$\mathbf{\times}$	NN5	1225		1225		1225		1225		1225		1225		1225		1145		

\*Time of first start, subsequent starts follow asap

	TABLE 8 : PORTSMOUTH HIGH WATER															
	SAT 10		SUN 11		MOI	MON 12		TUE 13		WED 14		J 15	FRI 16		SAT 17	
ALL TIMES BST	hr	m	hr	m	hr	m	hr	m	hr	m	hr	m	hr	m	hr	m
High Water	0801	4.0	0912	4.0	1022	4.1	1114	4.2	1151	4.4	1228	4.5	0033	4.4	0112	4.5
High Water	2032	4.1	2136	4.1	2230	4.2	2314	4.3	2354	4.4	-	-	1307	4.5	1344	4.5

# COWES WEEK LIMITED

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