

# Cowes Week 2009

## Safety Regulations For Dayboats and Sportsboats

### 1. Application

- a) These regulations apply to all boats racing in the White Group at Cowes Week 2009.
- b) All one-design boats shall also comply with their Class Rules (if any).

### 2. General

All safety equipment shall be of a suitable size and type for the boat and all equipment and fittings (including outboard engines if carried) shall be securely fastened.

### 3. Buoyancy

- a) Each boat shall either be self-draining or be equipped with a suitable means for bailing or pumping.
- b) Boats in the SBR class shall either be self-righting from 90° or have enough reserve buoyancy to support the boat and her crew for at least 30 minutes following a capsizing.

### 4. Personal buoyancy

A suitable personal flotation device shall be carried for each member of the crew. (*Wetsuits do not count as flotation devices*).

### 5. Radio

Each boat shall carry a suitable marine band VHF transceiver for use in an emergency.

### 6. Flares

Each boat shall carry in a waterproof pack at least two red hand flares and two orange smoke flares.

### 7. Anchor

Each boat shall carry a suitable anchor and sufficient chain/warp to hold the boat in 15m depth of water in the expected racing conditions.

### 8. Fire extinguisher

Boats carrying fuel (for an engine or for cooking) shall carry a fire extinguisher.

### 9. First aid

Each boat shall carry a waterproof first aid pack with instructions.

### 10. Man Overboard

Each boat shall carry a rescue quoit or throw-bag with at least 15m of floating line